

## Child and Youth Wellness Action Group

### Terms of Reference

**Purpose:** The Child and Youth Wellness Action Group is an action table of the Oceanside Health and Wellness Network (OHWN) that addresses the wellness of children and youth.

**Vision:** A healthy informed and resilient Oceanside community

**Mission:** To collaboratively promote well-being by cultivating learning about healthy child and youth development and by fostering compassionate responses to all those impacted by poverty, mental illness, trauma, and substance use, focusing on upstream prevention strategies.

**Core Values:** Compassion and Empathy

#### **Functions:**

- To promote and nurture healthy development that ensures health, nutrition, responsive caregiving, safety, security and early and ongoing learning
- To facilitate community conversations about healthy development and the impact of early trauma across all sectors, using common language, promoting curiosity rather than judgement and seeking a diverse intergenerational perspective.
- To share knowledge and raise awareness of new scientific evidence on child and youth brain development and impacts of early trauma (Lancet, First 2000 Days and Beyond, Adverse Childhood Experiences, Harvard Center on the Developing Child, Brain Story, etc.)

#### **Decision Making:**

- Meetings are informal and inclusive
- Decisions, where possible, will be reached by consensus
- Actions and updates will be brought forward at the next meeting

#### **Current Members:**

- Population and Public Health, Healthy Communities, Island Health
- RCMP
- Ministry for Children and Families (MCFD) – Child and Youth Mental Health
- School District 69 (SD69)
- Society of Organized Services (SOS)
- SOURCES
- Oceanside Building Learning Together (OBLT)
- Oceanside Health and Wellness Network (OHWN) - Coordinator and OHWN liaison
- Parent Support Services of BC
- BGCCVI
- Community At Large Members

CYWAG welcomes other community representatives.

**Meetings:** The first Tuesday of each month 10:00am – 11:30am. Monthly meetings are held on Zoom except for the December and June meetings which will be held in person at Family Place, 494 Bay Avenue Parksville.

- **Review period:** The CYWAG will review and update the ToR annually.